

Family & Consumer Science Alignment

The FCS Areas of Study are designed to equip students with essential skills and knowledge needed to excel in leadership roles across different facets of life.

Lead4Change curriculum integrates seamlessly into any area of study by infusing essential leadership principles into the course and enabling students to develop crucial leadership competencies such as reflection, self-awareness, communication, problem solving, goal setting, resource management, analyzing, synthesizing, and professional behaviors.

Use the FCS Process Questions to enhance discussion in your particular coursework.

Comprehensive Standard	Content Standard	Competencies
1. Integrate multiple life roles in family, work, and community settings	1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).	1.1.5 Determine goals for life-long learning and leisure opportunities for all family members.
	1.2 Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.	1.2.2 Demonstrate job seeking and job keeping skills. 1.2.3 Apply communication skills in school, community and workplace settings and with diverse populations. 1.2.4 Demonstrate teamwork skills in school, community and workplace settings and with diverse populations. 1.2.6 Demonstrate leadership skills and abilities in school, workplace and community settings. 1.2.8 Demonstrate employability skills, work ethics, and professionalism.
	1.3 Evaluate the reciprocal effects of individual and family participation in community and civic activities.	1.3.1 Analyze goals that support individuals and family members in carrying out community and civic responsibilities. 1.3.2 Demonstrate skills that individuals and families can utilize to support civic engagement in community activities.

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Comprehensive Standard	Content Standard	Competencies
<p>1. Integrate multiple life roles in family, work, and community settings (cont.)</p>	<p>1.3 Evaluate the reciprocal effects of individual and family participation in community and civic activities. <i>(cont.)</i></p>	<p>1.3.3 Analyze personal and family assets and skills that provide service to the community.</p> <p>1.3.4 Analyze community resources and systems of formal and informal support available to individuals and families.</p>
<p>2. Evaluate management practices related to the human, economic, and environmental resources in a global context</p>	<p>2.1 Demonstrate management of individual and family resources, such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.</p>	<p>2.1.1 Apply time management, organizational, and process skills to prioritize tasks and achieve goals.</p>
	<p>2.5 Analyze relationships between the economic systems and consumer actions in a global context</p>	<p>2.5.1 Analyze the use of resources in making choices that satisfy needs and wants of individuals, families, and communities.</p>
	<p>2.7 Demonstrate the ability to use knowledge and skills to manage one's financial resources effectively for a lifetime of financial security</p>	<p>2.7.3 Manage money effectively by developing financial goals and budgets.</p>
<p>3. Integrate knowledge, skills, and practices needed for a career in consumer services</p>	<p>3.1 Analyze career paths within consumer service industries.</p>	<p>3.1.2 Analyze opportunities for employment and entrepreneurial endeavors.</p>
<p>7. Synthesize knowledge, skills, and practices required for careers in family and human services</p>	<p>7.3 Demonstrate professional behaviors, skills, and knowledge in providing family and human services</p>	<p>7.3.2 Demonstrate professional and ethical behavior with peers in a variety of settings.</p>
	<p>7.4 Analyze the impact of conditions that could influence the well-being of individuals and families</p>	<p>7.4.3 Analyze personal, social, emotional, economic, vocational, educational, and recreational issues of individuals and family conditions that influence their well-being.</p> <p>7.4.6 Summarize the appropriate support needed to address selected human services issues.</p>
<p>12. Analyze factors that influence human growth and development</p>	<p>12.3 Analyze strategies that promote growth and human development across the life span.</p>	<p>12.3.3 Analyze the role of educational and family and social services support systems and resources in meeting human growth and development needs.</p>

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13. Demonstrate respectful and caring relationships in the family, workplace, and community	13.1 Analyze functions and expectations of various types of relationships.	13.1.1 Analyze processes for building and maintaining interpersonal relationships.
	13.2 Analyze personal needs and the characteristics and their effects on interpersonal relationships.	13.2.4 Analyze the effects of life span events and conditions on relationships.
	13.3 Demonstrate communication skills that contribute to positive relationships	13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication. 13.3.3 Demonstrate effective listening and feedback techniques.
	13.4 Evaluate effective conflict prevention and management techniques	13.4.3 Apply the roles of decision making and problem solving in reducing and managing conflict.
	13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.	13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members. 13.5.2 Demonstrate strategies to motivate, encourage, and build trust in group members. 13.5.3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members. 13.5.4 Demonstrate techniques that develop team and community spirit. 13.5.5 Demonstrate ways to organize and delegate responsibilities. 13.5.6 Create strategies to integrate new members into the team. 13.5.7 Demonstrate processes for cooperating, compromising, and collaborating.



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